

# Somewhere over the rainbow ...

## Lower School Home Learning - REAL Project (Block 2)

### Who is your rainbow for?

In this two week block of work, we will continue exploring rainbows and colour as well as influential people from the past and those close to us who are showing heroic qualities. You can choose any or all of the activities over the next two weeks. You can share any of your work with us via Twitter and email (or Class Dojo in Year 4). We can't wait to see what you do...

#### History

Florence Nightingale and Mary Seacole were both very influential ladies during their time. They changed how things were done and made improvements to medicine which we still follow today. Watch the following videos and see what you can discover about them.

<https://www.bbc.co.uk/teach/class-clips-video/history-ks2-mary-seacole-ep1/z72prj6>

<https://www.bbc.co.uk/teach/class-clips-video/history-ks1-ks2-florence-nightingale/z68fcqt>



#### English

You can write a *biography* about Florence Nightingale or Mary Seacole but some of you may want to decide on some else who you think deserves a rainbow...Colonel Tom Moore? Someone in your household? The hospital worker you see everyday going to work?

Go to <https://www.ducksters.com/biography/> or <https://www.literacywagoll.com/biographies.html> for some examples

**CHALLENGE:** write a *letter* to somebody who is self-isolating or to your friend who you haven't been able to see. You will need to include

Asking how they are

Telling them you are thinking about them

Telling them about your experience of lockdown

Or perhaps you could write a letter of thanks to the person who your rainbow is for and maybe include a little rainbow gift for them?

#### Art

##### Activity 1 - Paint a Rock

Paint a rock with a rainbow or message to the NHS and hide it on your daily exercise



##### Activity 2 - Rainbow Spinners

Can you create a rainbow spinner? You can find instructions online



<https://www.youtube.com/watch?v=xKS-RsvdUf0>

##### Activity 3 - Banksy Real Life Heroes



Why not create a Banksy style piece of art to show your appreciation of the real life superheroes.

##### Activity 4 - NHS Window Poster

Why not find a poster to download and colour in to put up on your windows to show support for the NHS?

